

MENTAL HEALTH BY THE NUMBERS

Go back to the early days of workplace wellness and the focus was on smoking cessation and healthy eating, among other initiatives. Today, the conversation is much more well rounded, including the areas of emotional, financial, social and mental health.

A look back at Indiana’s status in various mental health categories finds the state lacking. Page 27 offers the first in a yearlong series of perspectives on mental health challenges and opportunities.

Employment Status of Adult Mental Health Consumers (Fiscal Year 2017)					
Demographics	Indiana			Employed as Percent of Those in Labor Force	
	Employed	Unemployed	In Labor Force*	Indiana	U.S.
Age 18 to 20	1,817	1,535	3,352	54%	46%
Age 21 to 64	18,747	14,063	32,810	57%	44%
Age 65 and over	253	131	384	66%	37%
Female	12,682	8,614	21,296	60%	46%
Male	8,135	7,115	15,250	53%	41%

*In Labor Force is the sum of consumers employed and unemployed.
Source: SAMHSA Unified Reporting System

THE STATE OF MENTAL HEALTH IN AMERICA 2019

Overall Ranking* (based on 15 measures)	Adult Ranking (based on seven measures)	Prevalence of Mental Illness (based on six measures)	Access to Care Ranking (based on nine measures)
1. Minnesota	1. Maine	1. New Jersey	1. Massachusetts
2. Maine	2. Hawaii	2. Georgia	2. Vermont
3. Massachusetts	3. Iowa	3. Hawaii	3. Minnesota
4. New Jersey	4. Minnesota	4. Texas	4. Maine
5. Vermont	5. New Jersey	5. Alabama	5. Rhode Island
42. Indiana	44. Indiana	41. Indiana	33. Indiana
47. Alaska	47. Utah	47. Rhode Island	47. Nevada
48. Mississippi	48. Nevada	48. Colorado	48. Alabama
49. Oregon	49. Alaska	49. Idaho	49. South Carolina
50. Idaho	50. Idaho	50. Alaska	50. Texas
51. Nevada	51. Oregon	51. Oregon	51. Mississippi

*A high overall ranking indicates lower prevalence of mental illness and higher rates of access to care. 1: best; 51: worst.

Adult Prevalence of Mental Illness

INDIANA:
39th

Adults With Substance Use Disorder in the Past Year

INDIANA:
15th

Adults With Serious Thoughts of Suicide

INDIANA:
40th

Adults With Mental Illness Reporting Unmet Need

INDIANA:
46th

Adults With a Disability Who Could Not See a Doctor Due to Costs

INDIANA:
37th

Availability of Mental Health Workforce

INDIANA:
43rd

Source: Mental Health America