

# Medium Companies

## 1. E-gineering

Indianapolis | [www.e-gineering.com](http://www.e-gineering.com)

Industry: technology

**Ways to reduce stress/have fun:** Multiple video game rooms; two company-paid, in-office physical therapy sessions each month; cafe setting, patio, toy room for visiting families.

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E-GINEERING

## 2. Formstack

Indianapolis | [www.formstack.com](http://www.formstack.com)

Industry: technology

**Ways to reduce stress/have fun:** Flexibility and remote work option; Friday lunch and social; remote meetups.

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## 3. Oak Street Funding LLC

Indianapolis | [www.oakstreetfunding.com](http://www.oakstreetfunding.com)

Industry: financial services

**Ways to reduce stress/have fun:** Annual picnic highlights include a cornhole contest and life-size Jenga game; employees attend training on healthy eating and stress release exercises; optional stand-up workstations.



## 4. Moser Consulting

Indianapolis | [www.moserit.com](http://www.moserit.com)

Industry: consulting

**Ways to reduce stress/have fun:** Monthly Fun Fridays feature video games, wine/beer tasting and more; volunteering at the Dayspring Homeless Shelter; social outings.



## 5. Blue Horseshoe

Carmel | [www.bhsolutions.com](http://www.bhsolutions.com)

Industry: services

**Ways to reduce stress/have fun:** Monday yoga; game area; beer taps.



## 6. Gregory & Appel Insurance

Indianapolis | [www.gregoryappel.com](http://www.gregoryappel.com)

Industry: financial services

**Ways to reduce stress/have fun:** G&A Mini (run/walk event); early closings around the holidays; festive Halloween trick-or-treating event for preschool kids.



## 7. American College of Education

Indianapolis | [www.ace.edu](http://www.ace.edu)

Industry: education

**Ways to reduce stress/have fun:** Office Olympics (chair curling, rubber band archery, paper plane javelin); birthday celebrations; annual Halloween costume competition and chili cook-off.



## 8. First Internet Bank

Fishers | [www.firstib.com](http://www.firstib.com)

Industry: banking

**Ways to reduce stress/have fun:**

Employees receive a 50% subsidy toward a Fitbit Tracker and are registered on teams to compete in challenges; monthly "FIRST Friday" celebrations; annual field day.



## 9. Lessonly

Indianapolis | [www.lessonly.com](http://www.lessonly.com)

Industry: technology

**Ways to reduce stress/have fun:** On-site personal development and/or stress management workshops, seminars or classes; free yoga classes weekly; pet-friendly workplace.



## 10. Emarsys North America

Indianapolis | [www.emarsys.com](http://www.emarsys.com)

Industry: technology

**Ways to reduce stress/have fun:** Random company-provided lunches, movie days and snacks; Halloween costume contests; pitch-in.



## 11. Software Engineering Professionals (SEP)

Carmel | [www.sep.com](http://www.sep.com)

Industry: technology

**Ways to reduce stress/have fun:** Ping pong table, card/board games and video games; workday events such as a holiday breakfast, Tuesday Treats and patio party; *Star Wars* movie outings.



## 12. Weddle Bros. Construction Co., Inc.

Bloomington | [www.weddlebros.com](http://www.weddlebros.com)

Industry: construction

**Ways to reduce stress/have fun:** Pitch-in days; "Big Screen" days during "big" ballgames (e.g., Big Ten Tournament, NCAA); celebrating special occasions.

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## 13. J.C. Hart Company, Inc.

Carmel | [www.homeisjchart.com](http://www.homeisjchart.com)

Industry: services

**Ways to reduce stress/have fun:** Chair massages; surprising maintenance employees with cool treats in the summer and hot chocolate/Starbucks after snow removal; Nerf gun executive turkey shooting contest.

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## 14. HWC Engineering, Inc.

Indianapolis | [www.hwcengineering.com](http://www.hwcengineering.com)

Industry: engineering

**Ways to reduce stress/have fun:** On-site ping pong and pool table; on-site gym; frequent team lunches or small outings with department directors.



YELLOW BOX INDICATES HALL OF FAME COMPANY

**15. CREA, LLC**

Indianapolis | [creallc.com](http://creallc.com)

Industry: financial services

**Ways to reduce stress/have fun:** Standard transportation is razor scooters (the office is nearly one city block long); daily “ergo-breaks”; seasonal movies run on a 24-hour loop.

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**22. Peoples Bank SB**

Munster | [www.ibankpeoples.com](http://www.ibankpeoples.com)

Industry: banking

**Ways to reduce stress/have fun:** Each department receives \$25 per person to plan its own holiday party; fundraisers assist local charities; monthly jeans days.



**16. Visiting Nurse and Hospice of the Wabash Valley**

Terre Haute | [www.myhospicevna.org](http://www.myhospicevna.org)

Industry: nonprofit – health and human services

**Ways to reduce stress/have fun:** Mandatory education day; games such as poker or Jeopardy; pet therapy.



**23. Butler, Fairman & Seufert, Inc.**

Indianapolis | [www.bfsengr.com](http://www.bfsengr.com)

Industry: engineering

**Ways to reduce stress/have fun:** Fantasy sports leagues with prizes; wellness challenges; department-specific events such as potlucks, catered lunches, wine Wednesdays, breakfast clubs and sports outings.



**17. Schmidt Associates, Inc.**

Indianapolis | [www.schmidt-arch.com](http://www.schmidt-arch.com)

Industry: architecture

**Ways to reduce stress/have fun:** wacky holiday celebrations; ping pong tournament; X-Change Space.



**24. Morales Group, Inc.**

Indianapolis | [www.moralesgroup.net](http://www.moralesgroup.net)

Industry: staffing

**Ways to reduce stress/have fun:** Team-building activities such as scavenger hunts; “Chiliween” Halloween celebration (costume, chili and team pumpkin carving contests); remote control car races to celebrate Memorial Day/Indy 500.



**18. Parkview Wabash Hospital**

Wabash | [www.wchospital.com](http://www.wchospital.com)

Industry: health care – provider

**Ways to reduce stress/have fun:** Respite room for relaxation and quiet stress relief; employee morale events; daily activities and treats during National Hospital Week.

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**25. United Consulting Engineers**

Indianapolis | [www.ucindy.com](http://www.ucindy.com)

Industry: engineering

**Ways to reduce stress/have fun:** Summer picnic; Christmas party; chair massages.



**19. IDSolutions**

Noblesville | [www.e-idsolutions.com](http://www.e-idsolutions.com)

Industry: telecommunications

**Ways to reduce stress/have fun:** In-office Hyrdo-massage table; monthly happy hours; multiple tread desks.



**26. United Way of Central Indiana**

Indianapolis | [uwci.org](http://uwci.org)

Industry: nonprofit – health and human services

**Ways to reduce stress/have fun:** Yoga classes; Mental Health Movie Mondays; Bike Challenge competition (racking up miles, exploring the neighborhood and trying a bike share program).

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**20. Elements Financial Federal Credit Union**

Indianapolis | [www.elements.org](http://www.elements.org)

Industry: financial services

**Ways to reduce stress/have fun:** Midday or early morning fitness walks; employee appreciation week; theme days and fun weeks include March Madness cornhole challenges and more.



**27. ESCO Communications**

Indianapolis | [escocomm.com](http://escocomm.com)

Industry: technology

**Ways to reduce stress/have fun:** Company cookouts; annual holiday party includes an upscale lunch, food drive raffle, gifts and award recognition; chili cook-off.



**21. Midwest Mole**

Greenfield | [www.midwestmole.com](http://www.midwestmole.com)

Industry: trenchless technology

**Ways to reduce stress/have fun:** On-site gym; company sponsorship of employee family fundraisers; holiday costume days (Halloween, St. Patrick’s Day, Valentine’s Day, Christmas, etc.).

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**28. Merchants Bank of Indiana and PR Mortgage & Investments**

Carmel | [www.merchantsbankofindiana.com](http://www.merchantsbankofindiana.com)

Industry: banking

**Ways to reduce stress/have fun:** After-hours employee mixers; staff pitch-in days, cook-off contests; surprise early dismissal times.



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**29. Fort Wayne Rescue Mission Ministries, Inc. (DBA The Rescue Mission)**

Fort Wayne | [www.therescuemission.net](http://www.therescuemission.net)

**Industry:** nonprofit – health and human services

**Ways to reduce stress/have fun:** All staff meetings; dress-up days (ugly sweater, football, St. Patrick’s Day); bring in your favorite chocolate dessert day.

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**30. Envelop Group**

Indianapolis |

[www.envelopgroup.com](http://www.envelopgroup.com)

**Industry:** services

**Ways to reduce stress/have fun:** All managers do at least one community service activity and team-building activity with their employees; summer BBQs; Office Olympics.

