

# Large Companies

## 1. Blue 449

Indianapolis | [blue449.com](http://blue449.com)

Industry: advertising/PR/marketing

Ways to reduce stress/have fun: Fully stocked candy room; treadmill desk (employees can take turns); BLUE 449 free coffee weeks (Blue 449 opens a tab at the local coffee shop).

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## 2. Kemper CPA Group LLP

Multiple locations | [www.kempercpa.com](http://www.kempercpa.com)

Industry: accounting

Ways to reduce stress/have fun: Bowling, office games and parties; sporting events and hiking outings; free meals and snacks during busy season.



## 3. Onebridge

Indianapolis | [www.onebridge.tech](http://www.onebridge.tech)

Industry: consulting

Ways to reduce stress/have fun: On-site gym; ping pong tables, cornhole sets, video games, giant Jenga game and virtual lab; in-house weekly yoga sessions.

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## 4. Sikich

Indianapolis | [www.sikich.com](http://www.sikich.com)

Industry: professional services

Ways to reduce stress/have fun: Firm-sponsored sports events; stress relief tools and resources via third-party wellness vendor partner; flexible hour arrangements.



## 5. Hylant

Multiple locations | [www.hylant.com](http://www.hylant.com)

Industry: insurance (non-health care)

Ways to reduce stress/have fun: Happy hours (drinks with a co-worker at end of the day); free chair massages; surprise early office closures.



## 6. FORUM Credit Union

Fishers | [www.forumcu.com](http://www.forumcu.com)

Industry: financial services

Ways to reduce stress/have fun: Rubber duck toss (proceeds go to local charities); employee lounge with pool table, large screen TV and more; on-site fitness center and classes.

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## 7. The Kendall Group

Fort Wayne | [www.kendallgroup.com](http://www.kendallgroup.com)

Industry: distribution

Ways to reduce stress/have fun: Fall chili cook-offs and holiday ugly sweater competition (voting and donations go to the winner's choice of charity); potlucks and Friday barbecues.



## 8. Katz, Sapper & Miller

Indianapolis | [www.ksmcpa.com](http://www.ksmcpa.com)

Industry: accounting

Ways to reduce stress/have fun: Co-ed basketball, softball and volleyball teams; KSM Halloween Fest for employees and their families; on-site massage therapist.



## 9. IPMG

West Lafayette | [gotoipmg.com](http://gotoipmg.com)

Industry: services

Ways to reduce stress/have fun: Health and wellness challenges; community service activities; Feature Friday questions (get to know each other and learn something personal about co-workers).



## 10. Appirio, A Wipro Company

Indianapolis | [appirio.com](http://appirio.com)

Industry: consulting

Ways to reduce stress/have fun: Indianapolis office provides bikes employees can take out for rides; ping pong; free 10-minute massages; free coffee, drinks and snacks.



## 11. Centier Bank

Merrillville | [www.centier.com](http://www.centier.com)

Industry: banking

Ways to reduce stress/have fun: On-site manicurist, masseuse and reflexologist, and relaxation rooms. BBQs/parties, Easter egg hunt, family picnic, children's Christmas party, holiday party; annual free, bank-wide Weiner Fest.



## 12. WestPoint Financial Group

Indianapolis |

[www.westpointfinancialgroup.com](http://www.westpointfinancialgroup.com)

Industry: financial services

Ways to reduce stress/have fun: Various cook-offs; on-site massage; coffee and smoothies prepared on-site by a barista at year's end; annual breakfast for staff and advisors.

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## 13. Carbonite

Indianapolis | [www.carbonite.com](http://www.carbonite.com)

Industry: technology

Ways to reduce stress/have fun: Monthly birthday bash; beer cart Fridays; Star Wars movie premieres.



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**14. Parkview Whitley Hospital**

Columbia City | [www.parkview.com/en/locations/ParkviewWhitleyHospital](http://www.parkview.com/en/locations/ParkviewWhitleyHospital)  
**Industry:** health care – provider  
**Ways to reduce stress/have fun:** Massages; respite baskets; walking (step) competitions.  
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**20. Parkview Huntington Hospital**

Huntington | [www.parkview.com/en/locations/ParkviewHuntingtonHospital](http://www.parkview.com/en/locations/ParkviewHuntingtonHospital)  
**Industry:** health care – provider  
**Ways to reduce stress/have fun:** Online Bingo with prize basket; Promote Gratitude campaign with Thankful Notes (positive words and a treat); springtime egg hunt (plastic, with clues) around the hospital.  
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**15. Blue & Co., LLC**

Carmel | [www.blueandco.com](http://www.blueandco.com)  
**Industry:** accounting  
**Ways to reduce stress/have fun:** Chili cook-offs; one-pound hamburger eating contest; Secret Pal Season (creative, spontaneous, fun and enlivening notes, candy, small gifts, etc. – all anonymously).



**21. MutualBank**

Muncie | [www.bankwithmutual.com](http://www.bankwithmutual.com)  
**Industry:** banking  
**Ways to reduce stress/have fun:** Biweekly, low-cost massages (main office location) and Wellness Bucks; pumpkin decorating, Christmas tree decorating and Christmas Eve celebrations; special jeans days and festive sweater contests.  
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**16. Parkview Noble Hospital**

Kendallville | [www.parkview.com/en/locations/ParkviewNobleHospital](http://www.parkview.com/en/locations/ParkviewNobleHospital)  
**Industry:** health care – provider  
**Ways to reduce stress/have fun:** On-site Center for Healthy Living offers discounted chair massages; stress-relieving massagers for employee breakrooms; on-site employee assistance program offered to co-workers and family members.  
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**22. Ontario Systems**

Muncie | [www.ontariosystems.com](http://www.ontariosystems.com)  
**Industry:** technology  
**Ways to reduce stress/have fun:** On-site fitness center, chair massages and walking meetings; surprise appreciation events; department team activities include eclipse viewing parties, board games, an arcade game and more.



**17. Brotherhood Mutual Insurance Company**

Fort Wayne | [www.brotherhoodmutual.com](http://www.brotherhoodmutual.com)  
**Industry:** Insurance (non-health care)  
**Ways to reduce stress/have fun:** Year-round fellowship (e.g., summer food trucks, fall coffee and doughnut trucks, healthy snack challenges, group walks); zoo outing (hosts 922 employees, family and retirees); centennial concert.



**23. Aluminum Trailer Company**

Nappanee | [aluminumtrailer.com](http://aluminumtrailer.com)  
**Industry:** manufacturing  
**Ways to reduce stress/have fun:** Daily, after-shift short meetings to discuss any issues; employee assistance plan; company lunches and fitness competitions.  
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**18. American Structurepoint, Inc.**

Indianapolis | [www.structurepoint.com](http://www.structurepoint.com)  
**Industry:** engineer and architecture design/consulting  
**Ways to reduce stress/have fun:** On-site lunch and learns (stress/time management and financial health); tread desk and fitness center at Indianapolis headquarters; annual “Structurepoint Masters” competition.



**24. Pacers Sports & Entertainment**

Indianapolis | [www.nba.com/pacers](http://www.nba.com/pacers)  
**Industry:** sports and entertainment  
**Ways to reduce stress/have fun:** Company dodgeball game, Halloween Costume Competition, Pajama Day, monthly birthday celebrations; quarterly all-employee meetings; wellness challenges (step challenge, water challenge, stress relief challenge).  
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**19. Bastian Solutions**

Indianapolis | [www.bastiansolutions.com](http://www.bastiansolutions.com)  
**Industry:** engineering  
**Ways to reduce stress/have fun:** Monthly celebration for birthdays and anniversaries; flexible work schedules; office competitions and games.  
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**25. Monarch Beverage**

Indianapolis | [www.monarch-beverage.com](http://www.monarch-beverage.com)  
**Industry:** beer and wine  
**Ways to reduce stress/have fun:** Indians game outing; supplier trips and prizes; employee appreciation events throughout the year – barbecues, ugly sweater contest, taco trucks, etc.



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